SSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



SL. NO .: DHK. 01.2024.135

SEAFARER MEDICAL CERTIFICATE

This is to certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant
Cipping Officer and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance
and the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended
15/15/1/178) and Regulation 1.2 of the Maritime Labour Convention. 2006.

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Fit For Duty on Board Ship

DR. MD. MIZANUR RA 479. DIT Road, Mahbagh, Dhake Authorized by D.Q.S. Name & Signature Author & Author

OHK. 01. 2024 110.3

MEDICAL REQUIREMENS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seararer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with a International Labour Organization World Health Organization, Guidelines for Conducting Pre-sea our Periodic Medical Fitness Examinations for Seafarer's (ILO/WHO/D.2/1997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examin the seafarers previous medical recover (including vaccinations), and information on occupational history, noting any diseases, including alcohol or drug-related procleme and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in partie ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20](1.00) vision in one eye and exteast 6/12 [20/40](0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal colour perception and be capable of distinguishing the colours red, green, blue and yellow.
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gum.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for norms. voice communication.
- (f) Vaccinations
 - All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travalla Health, Vaccination Requirements and Health Advice, and shall be given advice by certified physician on immunizations. If nativaccinations are given, these shall be recorded.
- (g) Diseases or Conditions
- Applicants affiliated with any of the following diseases or conditions shall be disqualified; epilepsy, insanity, senitry, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with suspected of, or exposed to any communicable disease transmittable by food shall be restricted from working with food or to food-related areas until symptom-free for at least 48 hours.
- (h) Physical Requirements
 - Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankman and survival craft/rescu boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be a venue opportunity to to have an additional examination by another medical practitioner or medical referee who is independent on a shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his, necreasing The medical examination report shall be used only for determining the fitness of seafarer for work and enhancing health case.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician, alternatively, the examining physician may attach a form similar or identical to the provided in appendix 1)

- 1. Comolete physical Examination
- 2. Eye Sight & colour vision test

3. Pathological Examinination a) CBC b) ESR c) URINER/E & M/E d) VDRL e) Chest X-ray

29 JUN 2024

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